

**HKARM Annual Scientific Meeting 2025**  
**Integrating technology and human touch in Rehabilitation Medicine**  
*6 Dec 2025 Crystal Ballroom, Cityview Hotel, Kowloon*

Time	Topics & Speakers/Chairpersons
08:30 – 09:00	Registration
	<b>Workshop: Neurostimulation techniques (TMS)</b> <i>Chairpersons: Dr. Eric Yeung, Dr. Gina Fong</i>
09:00 – 10:00	<i>Fundamentals and clinical applications of transcranial magnetic stimulation (TMS) in neurological disorders</i> <i>Prof. Nam-Jong Paik, Seoul National University Korea</i> <i>President-Elect, World Federation for Neuro-Rehabilitation</i>
10:00 – 10:15	Tea break
10:15 - 11:45	<i>Practical Sessions of TMS</i>
<b>MAIN SYMPOSIUM:</b> Registration starts at 12 noon	
<b>SESSION ONE:</b> 12:00 – 13:25	<b>Lunch Symposium: What's new in managing Chronic Lung Diseases</b> <i>Chairperson: Dr. SP Lam</i> <i>Practicing GINA 2025 updates</i> <i>Dr. Fanny Ko, Hong Kong</i> <i>The personalized management approach for COPD care – a pulmonologist's perspective</i> <i>Dr. Chan Yu Hong John, Hong Kong</i>
13:25 – 13:30	<b>Welcome Message</b> <i>Dr. SP Lam, President HKARM</i>
<b>SESSION TWO:</b>	<b>Musculoskeletal Rehabilitation</b> <i>Chairpersons: Dr. Sophia Teng, Dr. Polly Chan</i>
13:30 – 13:55	<i>Update management of Rheumatological Diseases</i> <i>Prof. So Ho, Chinese University Hong Kong, Hong Kong</i>
13:55 – 14:20	<i>Updates on Sarcopenia: reviews on current evidence and emerging treatments</i> <i>Dr. Leung Hin Cheung Charles, Hong Kong</i>
14:20 – 14:45	<i>Nutritional management of Sarcopenia</i> <i>Ms. Poon Shi Po Sally, Registered Dietitian (UK)</i>
14:45 – 15:00	Tea Break
<b>SESSION THREE:</b>	<b>Technological Advances in Rehabilitation Medicine</b> <i>Chairpersons: Prof. Leonard Li, Dr. TK Kwok</i>
15:00 – 15:40	<i>An Overview of the present and future applications of technology in Rehabilitation Medicine</i> <i>Prof Jianan Li, Nanjing University, China</i> <i>President of AOCPRM</i>
15:40 – 16:10	<i>Brain plasticity and effective therapeutic strategies to enhance function and learning ability in stroke patients</i> <i>Prof. Nam-Jong Paik, Seoul National University Korea</i> <i>President-Elect, World Federation for Neuro-Rehabilitation</i>
16:10 – 16:40	<i>BCI with XoMuscle for Stroke Rehabilitation</i> <i>Prof. Raymond Tong, Chinese University Hong Kong, Hong Kong</i>
16:40 – 16:50	Q&A and Round table discussion
16:50 – 17:00	Closing Remarks